

## Best Practices in Fall Prevention

**DATE & TIME**

Thursday, Dec. 7, 2023  
8:00 a.m. – 3:30 p.m.

**LOCATION**

LHA Conference Center  
2334 Weymouth Drive  
Baton Rouge, LA 70809

**WHO SHOULD ATTEND:**

Physicians, advanced practice nurses, pharmacists, physician assistants, nurses, physical therapists, occupational therapists, kinesiotherapists, and risk managers

**CONTINUING EDUCATION**

**Nursing:** Up to 6.0 contact hours will be awarded for this offering by the Louisiana Hospital Association for complete attendance of the program. The LHA is approved by the Louisiana State Board of Nursing – CE Provider #39.

**Nursing Facility**

**Administrators:** Up to 6.0 hours will be awarded for this offering by the LHA for complete attendance of the program and evaluation. The LHA is approved by the State of Louisiana Board of Examiners of Nursing Facility Administrators - CE Provider #101.

**Other Participants** will receive, upon completion of this workshop, a certificate documenting the completed continuing education/clock hours.

[\*\*EDUCATION CALENDAR\*\*](#)[\*\*HOTEL WITH LHA  
GROUP RATE\*\*](#)

**OVERVIEW:** This seminar is specifically designed to engage and inspire administrative, clinical, and quality leaders to enhance fall management program infrastructure and capacity to provide population-based best practices across the care continuum. Building upon participants' current practices, participants will engage national fall prevention experts to redesign point-of-care management from the ER to the ICU. Additionally, participants will gain precision in techniques to learn from falls and fall-related injuries to improve care environments, clinical practices, and patient outcomes.

**PROGRAM OBJECTIVES:** Upon completion of the program, participants will be able to:

- Prioritize at least three opportunities to enhance fall prevention programs to reduce preventable falls and protect patients from injury;
- Replace universal fall prevention strategies with at least three clinically-relevant interventions by setting (outpatient, acute care, post-acute care) and populations (ER, Med-Surg, Maternity, ICU, Oncology); and
- Reconstruct at least two current approaches to post fall management to gain confidence in validating improvement in care environments and clinical practices that mitigate and eliminate root causes of falls and injuries.

**AGENDA:**

- 8:00 a.m. Registration  
8:30 a.m. Welcome and Introduction  
8:45 a.m. Enhance Fall Prevention Programs to Reduce Preventable Falls and Protect Patients from Injury  
9:45 a.m. Essential Fall Prevention Practices by Settings of Care: Outpatient, Acute Care, Post-Acute Care  
10:30 a.m. Break  
10:45 a.m. Let's Get Clinical – Part 1: Population-Based Fall Prevention: ER, Med-Surg, Maternity, ICU, Oncology  
12:00 p.m. Lunch (Provided)  
12:30 p.m. Let's Get Clinical – Part 2: Population-Based Fall Prevention: ER, Med-Surg, Maternity, ICU, Oncology  
2:00 p.m. Break  
2:15 p.m. Reconstruct Post Fall Management: Building Confidence that Improvements Resulted from Falls in Your Care  
3:15 p.m. Evaluation/Adjourn

**MEET YOUR FACULTY:**

**Dr. Patricia Quigley, PhD, ARNP, CRRN, FAAN, FAANP, FARN**, is both a Clinical Nurse Specialist and a Nurse Practitioner in rehabilitation. Her contributions to patient safety, nursing, and rehabilitation are evident at a national level, with emphasis on clinical practice innovations designed to promote elders' independence and safety. As a nurse scientist, she is nationally known for her program of research in patient safety, particularly in fall prevention.

**Dr. Amy Hester, PhD, RN, BC**, is President and CEO of HD Nursing LLC. A nurse scientist, innovator, and entrepreneur, her areas of impact have been in research and practice, with a primary area of research on patient safety with an emphasis on falls and pressure injury prediction and prevention. She has a substantial focus on getting research to practice through translational science moving research findings and evidence-based care from bench to bedside in large scale deployments of clinical programs designed to reduce patient harm and facilitate safer care environments for staff.



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REGISTER ONLINE AT: <https://lhaonline.org/Event.aspx?EventKey=M2312004>

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### LOCATION:

- LHA Conference Center, 2334 Weymouth Drive, Baton Rouge, LA 70809

### PRICE:

- Hospital Member: \$195 (Per Person Rate)
- Associate/Corporate & Attorney Member: \$250 (Per Person Rate)
  - (2023 dues must be up to date to qualify for this discounted rate.)
- Non-Member Hospital: \$400 (Per Person Rate)

### REGISTRATION:

Registrations are accepted online only, and VISA, Master Card, Discover, and American Express are accepted. Email confirmations will be sent to all registrants who list an accurate email address. The program material is the intellectual property of the speakers and is not meant to be shared with anyone other than registered participants.

### CANCELLATION POLICY:

Individuals who cancel **more than seven business days prior to a scheduled event** will be charged a cancellation fee of \$50 per person. Written notice of the cancellation must be emailed to [marthur@lhaonline.org](mailto:marthur@lhaonline.org). No refunds will be issued for cancellations received **within seven business days of the event or for no-shows**.

### SUBSTITUTION POLICY:

Registrants who are unable to participate in an LHA educational event are permitted, and encouraged, to have an eligible substitute; however, written notice of the substitution must be emailed to [marthur@lhaonline.org](mailto:marthur@lhaonline.org) **at least seven business days in advance of the event**. The substitution option is not available if written notification is received by the LHA less than seven business days prior to the scheduled program.

### ACCOMODATIONS:

Please contact the LHA if you have a disability that may require special accommodations for this educational opportunity. The LHA is committed to ensuring full accessibility for all registrants.

LHA Code #M2312004